

**Call Toll Free
1-888-678-9609**



Terry Moore, Program Director

Internationally Certified Advanced Alcohol & Other Drug Abuse Counselor
Certified Co-Occurring Disorders Professional Diplomat

Over 25 years in recovery,
"I've been there too."

www.RecoveringCounselor.com

Nonviolent Alternatives Counseling Service
315 US 31 South, Suite D
Greenwood, IN 46142

Certified by the State of Indiana
Division of Mental Health and Addictions

Individualized Substance Abuse Treatment

HOW IT WORKS

Honesty | Open-mindedness | Willingness

The Narcotics Anonymous Basic Text states, "We feel that our approach to the disease of addiction is completely realistic for the therapeutic value of one addict helping another is without parallel. We feel that our way is practical, for one addict can best understand and help another addict."

12-step fellowships are proven to be a highly effective means of self-help. Yet in the earliest stages of recovery, some are unwilling or unable to get help from a 12-step program and they seek formal treatment. However, many treatment programs are only temporarily effective at helping people. What happens when an individual leaves the controlled structure of a treatment program? Still in need of help and support, they may then turn to a 12-step fellowship. But often what they see and hear from the 12-step fellowship is completely different from what they learned, practiced, and relied upon in the treatment program. In fact, it may be completely contradictory. The result is a far greater chance of relapse.

My personal counseling approach is a blend of Twelve Step Facilitation Therapy (included in the National Registry of Evidence-based Programs and Practices) enhanced by helping you learn how to effectively use the 12 steps to achieve a sustainable, lifelong, recovery. A substance abuse counselor should be a professional temporary sponsor, like a mentor or coach. No one is more capable of teaching how to accomplish a complete change of lifestyle better than the person experienced at doing so themselves. I teach what the 12 steps are, what the principles of the program are and how to use them in day-to-day life, what a sponsor is and how to find one, what are the benefits of one addict sharing with another addict, how does a support group help one help him/her self. Basic recovery, pure and simple.

No health insurance is required to obtain my services. In fact, my total fees are actually lower than many health insurance deductibles and co-pays. Court ordered or self-referred, I treat everyone equally with courtesy, compassion, and respect. Your initial 30 minute consultation is free.

